



FOR IMMEDIATE RELEASE –

Healthier Texas Awarded Texas Health Grant for Health + Healing Hubs Project

Fort Worth, TX – January 31, 2025 Healthier Texas is proud to announce it has been awarded a \$430,000 grant by Texas Health Resources as part of its \$5 million Community Impact initiative. This funding supports the Health + Healing Hubs project, an innovative program designed to improve health outcomes in the 76104 and 76105 ZIP codes of Fort Worth.

Health + Healing Hubs is a response to the serious health disparities in these neighborhoods, which have some of the lowest life expectancies in Texas. Through this project, local churches will serve as health hubs, providing services that make wellness more accessible and culturally supportive.

Community Health Workers (CHWs) recruited from within these congregations will play a central role by offering one-on-one care coordination, health education, and support.

"This initiative is more than just a health program," said Jamie Williams, CEO of Healthier Texas. "It's about breaking down the barriers that have historically made it difficult for underserved communities to access quality care. By collaborating with trusted community partners, we can create sustainable changes that empower individuals to lead healthier lives."

The project will offer resources and services tailored to the unique needs of the 76104 and 76105 communities, including:

- **Certified Community Health Workers (CHWs)** who will provide care coordination and health navigation in four churches.
- **Weekly fitness and nutrition programs** designed to engage participants in healthier behaviors.
- **Outreach programs** to connect the broader community to health services through events and farmers markets.
- **Health literacy and education campaigns** designed to promote a culture of health and wellness.

Pastor Kyev Tatum of New Mount Rose Missionary Baptist Church, a key project partner, expressed his support for the initiative: *"The Health + Healing Hubs are transformative for the communities of 76104 and 76105. The partnership with Healthier Texas and Texas Health Resources is truly a blessing, and we are deeply grateful for their unwavering support. This heart-driven work is yielding powerful results."*

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Since 2019, Texas Health Resources has invested more than \$23 million in grants to address health disparities in underserved communities. Their continued commitment highlights the importance of collaborative solutions in addressing the socioeconomic and environmental factors that influence health outcomes.

"We have witnessed the tremendous impact that can be achieved when we work with community organizations to tackle the unique challenges that residents in underserved communities face," said **David Tesmer**, chief community and public policy officer for Texas Health Resources. " From providing families free access to nutritious food and transportation to connecting residents to vital resources and support for their mental and physical health, these investments are not only meeting immediate needs but creating ripples of change for generations to come." [read the complete statement from Texas Health Resources in [their official release](#)]

Health + Healing Hubs exemplifies the power of community-driven, innovative health solutions that provide long-term benefits. Healthier Texas invites residents and organizations to join this movement toward improved health equity.

For more details on the Health + Healing Hubs project, visit healthiertexas.org/healing-hubs

About Healthier Texas

Healthier Texas is a statewide nonprofit committed to reducing preventable diseases and improving the health and well-being of Texans. The organization fosters healthier communities through **innovative programs, strategic partnerships, and advocacy** aimed at overcoming the challenges that impact health and well-being.

For Media Inquiries, Please Contact:

Amelia Carnagey, MPH

Director of Marketing, Healthier Texas

Phone: 806.549.6407

Email: marketing@healthiertexas.org